Daily Schedule for Home Schooling

Morning Starters (10 min)

Music and Movement Songs and creative expression Nursery rhyme / Finger plays

Identify a letter, number, shape, color and word of the day to be use in different activities throughout the day.

Writing Activities (15 min)

Write name, letters, numbers or sight words Draw shapes or pictures Lace or sewing cards

Language and Literacy (15 min)

Read and Discuss Stories— Have your child choose a book, read the book. Talk with your child about the story, have child to retell story or recall favorite part of story.

Letters(sound) and Number recognition- use the letter and number of the day.

Find objects around the house that begins with the letter of the day, help child to write

Word of the day - write, define, use in sentence

Rhyme time-find words that rhyme, make up silly rhyme, rhyme words with your child's name

Math and Science (15 min)

Have your child count household item (beans, buttons, pennies up to 10.

Count everyday items up to five, one-to-one correspondence: 2 cookies = 2 or that 5 raisins = 5.

Count and compare groups, tell more or less, add and subtract objects

Patterns – Make simple patterns with Lego or building blocks (red, green, red, green)

Shapes: See how many shapes you can find inside and/or outside

Sensory: Explore inside and outside house using your senses (see, hear, smell, taste and touch)

Outside Time (30 min)

Practice moving in different ways (hopping, skipping, and jumping) Play sports, ride a bike or jump rope

Lunch (30 min)

Practice personal hygiene - wash hands Allow child to help prepare lunch or a healthy snack

Naptime (30- 45 min)

Encourage child to settle down, take a nap or quiet time with a book

Arts and craft (15 min)

Make a puppet, painting, drawing & coloring Build a model, make a book Do an experiment, follow a recipe

Technology (30 min)

Ready Rosie Device Online games or activities

Snack Time (30 min)

Practice handwashing Allow child to help prepare a healthy snack

Story Time (15 min)

Read the same book read this morning. Have child to answer question about the story Who, What, Where, Why and How.

Afternoon walk outside, help with house chores, prepare activities for next day